

# Open Door

## Calling All Families

Are you feeling worried or stressed? Have you concerns about family life that you want to talk about? Our door is open to mums, dads, carers, grandparents, blended families and family support networks to chat to us about any family issues concerning children 0 – 19 years. In return we will provide a friendly listening ear and advice either as a one-off conversation or ongoing

support, whether emotional or physical. We have access to other services which we can signpost or refer you to, if appropriate, and can model



activities that you can do with your child or send you factsheets to help you.

We will be offering morning and afternoon 30-minute slots either on the telephone (we will call you back) or online through Microsoft Teams 2 days a week: Mondays: 11:30-12:00 and 12.30 – 1pm and 1.15 – 1.45pm; Tuesdays 9.30 – 10am and 10.30 – 11am and 11:30 to 12:00. You can choose either to have your video on or off.

*If you would like further information or would like to book a slot, please call the Purbeck Education and Early Help Team on 01305 225729 and ask for Daniela, Julie or Penny.*

I am worried about my child's schooling.

How do we get into a good routine?

Our teenage son is staying out late a night.

How do I deal with my grandchild's behaviour?

My child won't go to sleep.

I am anxious about my child's mental health

