

Young Carer Policy

2022-2023



BOVINGTON

AN ASPIRATIONS ACADEMY



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We recognise that many students will have caring responsibilities at some point during their time at Bovington Academy, and that these responsibilities can impact a student's performance in any area of the curriculum; a whole school commitment is therefore necessary. Bovington Academy acknowledges that high standards and expectations are crucial to enhance personal and academic progress for all students, including those with caring responsibilities. We believe that all pupils should be equally valued and strive to eliminate prejudice and discrimination. We aim to create an environment whereby all students will flourish and feel safe and that seeks to remove barriers to learning and participation. The importance of enhancing positive self-esteem is also recognised, which allows opportunities for increased engagement, social development, and achievement.

Bovington Academy will engage with MYTIME Young Carers through their Level-Up Programme, which aims to improve the knowledge of staff in supporting and identifying young carers, and of students by educating them regarding the role which young carers may carry out outside of the academy day and the impacts their role may play on day-to-day life and future choices. Additionally, children will understand the impact their decisions have on a young carer's life.

Our Young Carers Policy takes account of findings and recommendations given by Barnardo's Still Hidden, Still Ignored; Who Cares for Young Carers? report published in 2017, and the Children's Commissioner's Voices of England's Missing Children report, published in 2022, which both emphasise the role and accountability of school staff and procedures regarding provision for, and progress of, young carers. This guidance suggests that schools have a key part to play in the provision of holistic and effective support to young carers, and our Regional Board will ensure that we fulfil this responsibility.

Bovington Academy acknowledges the need to keep up to date with advice, publications and research regarding provision for young carers, and therefore this document is subject to review at regular intervals.

This policy has been produced in collaboration with local experts, MYTIME Young Carers.

- To raise awareness of young carers among staff and to ensure the identification of all young carers as early as possible on entry to the academy and make referrals where necessary
- To foster respect and understanding towards young carers among all students
- To address any underlying inequalities between young carers and other students in a graduated and timely manner
- To improve the progress and raise the standard of achievement for young carers
- To support young carers in improving their attendance
- To ensure that young carers feel included and supported within their school community as possible, and that reasonable adjustments are made to promote this
- To protect young carers from unjust treatment due to their caring role and improve co-ordination with other agencies and support services
- To give young carers a voice in the academy community and that they are involved in decisions affecting young carer provision
- To ensure that staff recognise that flexibility may be needed when responding to the needs of young carers

Definition of a young carer

A) Young carers are children under the age of 18 who help to look after someone in their home or another family member. This could be a sibling, parent/carer, both parents/carers or a grandparent who has a disability, illness, mental health condition or who misuses substances.

B) A child is a young carer if he/she holds a significant caring responsibility for a relative who, due to long-term illness, disability, substance misuse, or mental ill health, is unable to fully care for themselves. Our definition of a young carer extends to include any child who holds a significant caring responsibility for a sibling.

C) A young carer will take on additional responsibilities to those appropriate to their age and development. A young carer may act as sole or main carer or may share responsibilities with another family member. Caring tasks may include:

- a) nursing care e.g., administering medication, injections, changing dressings, assisting with mobility etc.

- b) personal intimate care e.g., washing, dressing, feeding, helping with personal requirements etc.
- c) emotional care e.g., being compliant, monitoring the emotional state of the person cared for, listening, being a shoulder to cry on, supporting a parent through depression, trying to cheer them up etc.
- d) domestic care e.g., doing a substantial amount of housework, cooking, shopping, cleaning, laundry etc.
- e) financial care e.g., running the household, paying bills, collecting benefits etc.
- f) childcare e.g., taking responsibility for younger siblings
- g) Emergencies e.g., administering first aid, calling emergency services (ambulance), accompanying a family member to hospital, making arrangements etc

Bovington Academy's definition of a young carer is a child, under the age of 18, who is either the main carer, shares a caring responsibility for, or whose day-to-day life is impacted by someone in their home, which extends to a sibling or siblings, parent/carer, both parents/carers or a grandparent, who has a disability, illness, mental health condition, misuses or is addicted to substances, or is unable to fully care for themselves.

EQUALITY AND DISCRIMINATION

Bovington Academy aims to make reasonable steps to ensure that young carers are not placed at a substantial disadvantage compared to other students, and to ensure equal educational and social opportunity for all.

Bovington Academy strives to maintain a climate of tolerance, understanding, respect and trust that allows all students and staff irrespective of background or personal circumstances to feel safe and be safe from any form of discrimination or emotional harm. This young carer policy is supported by other school policies including our equality policy and anti-bullying policy which can be viewed separately on the Bovington Academy website.

Strategies To support young carers

A multitude of strategies can be implemented at various levels within a school to ensure that young carers are identified, supported, and enabled to succeed both academically and socially. This requires a collaborative approach where every adult is held accountable for young carers.

SYSTEMS AND PROCESSES

- To include space on academy application forms for parents to declare:
 - a) Whether or not their child is a young carer
 - b) Whether or not their child is registered as a young carer
- To create a young carer register accessible to all members of the inclusion team and any other necessary staff
- To monitor the attendance of young carers and respond accordingly with appropriate intervention
- To ensure that young carers have the opportunity to contribute to the discussion around the schools' provision for young carers
- To maintain and regularly review our young carer's policy

ENGAGEMENT WITH THE LEVEL-UP PROGRAMME

To engage in MYTIME Young Carer's Level-Up Programme, where the school pledges:

- To ensure that all school staff receive training on how to identify and support young carers through CPD
- To appoint a young carer champion, who is held to account by a dedicated member of SLT. The young carer champion will be responsible for maintaining a young carer support group and corresponding with external agencies such as Dorset council to stay up to date on a young carer's circumstances and needs
- To raise awareness of young carers, to develop a culture of respect for young carers among the student community, and to encourage young carers to come forwards
- To host MYTIME young carer assemblies and PSHCE lessons
- To engage with MYTIME Young Carers in providing opportunities for young carers (Zoom Youth Group, making memories days, Christmas, and Easter events)
- To sign up to the Level-Up and MYTIME newsletters
- To create and organise a young carer group and young carer display board visible by students and staff

IN SCHOOL SUPPORT FOR YOUNG CARERS

- To offer extra-curricular opportunities for relaxation, leisure, and social connection for young carers
- To support young carers in getting to and from the school, and where necessary, provide advice to parents if there are difficulties in transporting a young carer to school
- To offer a programme to build the career aspirations of young carers.

- The academy will provide young carers with opportunities to speak to someone in private, and will not discuss their situation in front of their peers
- To ensure young carers can access all available support services in the academy
- To ensure that young carers have access to the mental health support available across the academy where necessary
- The academy will create young carer passports which all staff can access
- To be identified on registers and books (pink dots)
- To make reasonable adjustments to usual school policies and show flexibility on a case-by-case basis regarding issues such as lateness to school, late homework, and poor attendance. These include, but are not limited to:
 - access to a telephone, during breaks and lunchtime, to phone home, with inclusion support
 - negotiable deadlines for homework (when needed)
 - access to homework clubs during the school day (where these are available)
 - identifying support for young carers and their family to enable them to attend school trips and educational activities
 - arrangements for schoolwork to be sent home (when there is a genuine crisis); any approved absence for a young carer will be time limited (DfES 2006)
 - access for parents with impaired mobility
 - alternative communication options for parents who are sensory impaired or housebound

REFERRAL AND EXTERNAL AGENCIES

- The young carer champion will consult with relevant colleagues, and other relevant agencies, regarding their caring responsibilities, with the consent of the parent/carer
- The school will follow child protection procedures regarding any young carer at risk of significant harm due to inappropriate levels of caring
- The school will promote discussion and learning in all areas of the curriculum to facilitate fuller understanding, acceptance of and respect for, the issues surrounding illness, disability and caring
- Where appropriate, the school will refer a young carer to the local authority for further support

Young Carer Voice

Bovington Academy believes pupil voice is extremely important and young carers will be given the opportunity to contribute.

GUIDANCE AND FURTHER READING

- Barnardo's Still Hidden, Still Ignored; Who Cares for Young Carers?
[Click here for file](#)
- Children's Commissioner for England, Voices of England's Missing Children
[Click here for file](#)