

“*Success* isn’t always about ‘*greatness*’, it’s about *consistency*. Consistent, hard work gains success. Greatness will come.” - *Dwayne ‘The Rock’ Johnson*

What does PE look like at Bovington?

PE needs the learning to be sequenced. Lessons are taught in line with the National Curriculum and utilising the support from Complete PE to help enable children to move forwards and broaden their experiences.

At Bovington children are engaged in sustained periods of vigorous physical activity to make rapid and sustained progress. Children are challenged to work their hardest and understand the purpose of the learning.

We want to see children become physically confident in a way which supports their health and fitness as well as build character and help to embed values such as fairness and respect within their learning.

What learning opportunities are available?

It is about bringing PE time to life and making the sessions meaningful and high quality. Here at Bovington Academy, pupils are encouraged, nurtured and guided when partaking in PE and games.

We aim to provide a PE curriculum that all children here at Bovington Academy can enjoy and fully participate in but which also allows them to experience a range of activities and skills to help them develop their health, fitness and wellbeing.

We intend to offer a high-quality curriculum that inspires all children to succeed and excel in competitive sport and other physically-demanding activities.

Why do we learn PE?

If lessons are of high quality, we make a significant impact on personal development of all our pupils and inspire them to seek healthy active lifestyles:

- Pupils understand the purpose of the task in relation to the learning.
- Pupils are moved on with the sequence of learning when they are ready.
- Learning is celebrated physically, cognitively, socially and emotionally = the development of the whole child and their personal development.
- Pupils are encouraged to find their own ways of making their performances exceptionally good through effective questioning.
- Pupils make rapid and sustained progress.