

PSHE at Bovington Academy

"The only way to make sense of **life** is to live it." - Corrie Ten Boom

What does PSHE look like at Bovington?

The PSHE curriculum is designed to equip our students with the knowledge, skills, and values they need to thrive as confident, responsible, and compassionate individuals.

We aim to foster a safe and inclusive learning environment where children can explore their identities, develop healthy relationships, and make informed choices. We use the SCARF scheme of learning which uses a spiral curriculum and enables the children to progress through the year groups developing on their skills and knowledge.

What learning opportunities are available?

PSHE offers a diverse range of learning opportunities to help children develop essential life skills.

We strive to provide a PSHE curriculum that all children can enjoy. Our aim is to create a safe, nurturing environment in which all children can feel confident and empowered. SCARF covers the following termly topics:
Me and my relationships
Valuing difference
Keeping safe
Rights and respect
Being my best
Growing and changing.

Why do we learn PSHE?

PSHE offers a multitude of benefits in personal and social development, health and wellbeing and citizenship.

We learn PSHE to develop the skills and knowledge needed for a happy and fulfilling life. It helps us:

- Understand ourselves
- Build relationships
- Make healthy choices
- Become responsible citizens
- Navigate challenges

PSHE prepares us for the future by equipping us with the tools to succeed in education, work, and life in general.